



## **101 Uses for Sol-U-Mel**

*This reference guide is a collection of useful information and tips we've compiled on the many uses for one of Melaleuca's favorite five-star products Sol-U-Mel. Yes... we did call this a five-star product.*

### **SOL-U-MEL... OUR LIQUID GOLD!**

When I first joined Melaleuca and heard everyone raving about this 3-in-1 cleaner Sol-U-Mel. I really didn't understand how powerful a product was. Today, our household has at least 3 16 oz. bottles in it and could not be without this wonderful product.

Sol-U-Mel is a 3-in-1 cleaner. It **cleans and dissolves** impossible-to-clean stains. You can also add Sol-U-Mel to other Melaleuca cleaners as an extender or cleaning booster, it is a wonderful **deodorizer**, air freshener and much more.

Full strength Sol-U-Mel is Melaleuca Oil aka tea tree oil. It has the highest concentration of Melaleuca Oil than any of Melaleuca cleaners. Sol-U-Mel can remove even stubborn oil stains, crayon, chewing gum and ink. Dilute it with water for an all-purpose, ready-to-use cleaner, deodorizer, air freshener and more.

When you clean with Sol-U-Mel, the crisp fragrance of Melaleuca Oil neutralizes lingering smells around the house. For deep odors like smoke, mildew, or pets, just dilute Sol-U-Mel in *warm* water. The gold solution will turn milky white as you add *warm water* to dilute. The *warm water* allows the oil to mix better into the sprayer. Spray it into the air, onto carpet or upholstery. Spray into closets and corners to eliminate any stale or foul smells.

### **What is Sol-U-Mel?**

Sol-U-Mel by definition is a uniquely concentrated cleaner from Melaleuca that removes ink, oil stains, crayon marks, tar from cars, paint, lipstick, chewing gum, hair coloring etc. not only that, but it also kills germs, fleas, ticks, carpet mites, dust mites, mosquitoes, and mold. It contains no bleach or ammonia, no phosphates or other harmful chemicals, so we can feel good about what we're spraying into our environment, both inside and outside our homes. It is comprised entirely of naturally derived ingredients, including the highest concentration of Melaleuca Oil available, and the stain-cutting ingredients in it come from

renewable resources that are biodegradable. Among its many attributes, it is the most effective cleaner on the market and fills an entirely new cleaning niche. You'll find here that it's used for many more functions than just cleaning!

## **AROUND THE HOUSE**

**Gummy labels, chewing gum, tape, tar, tree sap, sticky residue etc.** – use Sol-U-Mel full strength as an effective solvent to remove any sticky stuff.

**Mini-blinds** Mix 2 tablespoons of Tough & Tender and 1 capful of Sol-U-Mel with 16 oz. of water to cut through the grimy dirt on blinds.

**Wallpaper Removal** - in a 16 oz spray bottle, mix 1 teaspoon Sol-U-Mel to 1 teaspoon Tough & Tender, fill with water. Spray area to help soften wallpaper for easier removal.

**Kitchen Odors** – in a 16 oz spray bottle, add 1/3 cup Sol-U-Mel and fill with water. Spray cutting boards, countertops to eliminate onion, fish and other odors. This will also kill any germs as well.

**Mold & Mildew** – Mix 2 1/2 tablespoons of MelaMagic and 1 1/2 capfuls of Sol-U-Mel with water in a 16 oz. spray bottle. Spray on surfaces like the shower curtain and let sit for a few minutes. Wipe clean with a damp cloth.

**Furnace Filter/Air Purification** - The quality of the air you breathe in your home may be robbing you of good health. Modern, energy efficient home, by virtue of their airtight design, often trap chemical vapors in addition to mold, fungus, yeast and bacteria from moist condensation in heating and cooling ducts, soil from house plants, and under sink areas. There is a literal zoo co-inhabiting our homes. Many respiratory, eyes, ear, nose and throat complaints appear in doctors' waiting rooms because of over exposure to foul household air. Changes of season often shift populations of these microbial species as growing conditions fluctuate. What can you do? Convert your home to Melaleuca products, replacing toxic cleaning and personal care products with safer Melaleuca products. The outgassing of toxic vapors from the se products significantly decreases air quality problems. Remove browning leaves from house plants immediately and provide good drainage. Change furnace and cooling air return filters monthly during extreme weather usage. Spray all filters and vents often with diluted Sol-U-Mel. To do a Melaleuca oil purge of your house every couple of months, attach an inverted open bottle of T36-C 5 on the furnace intake filter. The high air volume will diffuse the entire contents of the bottle throughout your house over the next 12-36 hours (depending upon temperature and relative humidity). This treated air flows throughout all the rooms and stops the growth of bacteria, molds, fungus and viruses.

**Disinfectant Spray** - In a 16 oz. spray bottle, mix 1/8 cup Sol-U-Mel, 1/8 cup MelaMagic to 1 3/4 cup water. Spray, wait, rinse and wipe clean. Great for countertops or any other surfaces around the house.

**Floor** - The above disinfectant spray mixture is also effective to spray or wipe on the floor, or mix in a bucket and mop it up.

**Plants** - Add 1 tablespoon of Tough & Tender to 16 oz. of water, or use diluted Sol-U-Mel. Spray on roses to kill aphids and other undesirables. Sol-U-Mel will also clean moss or algae off your clay pots.

**Carpet Cleaning** – Mix 1/4 cup of PreSpot Plus, 1/2 cup MelaMagic and 1 tablespoon of Sol-U-Mel. Pour solution into the tray of the carpet cleaner. Another recipe: Mix 1/2 cup Tough & Tender, 1/16 cup of MelaMagic, and 1/8 cup Sol-U-Mel in 1 gallon of water.

**Carpet Vacuuming/Deodorization** - Mix 1 1/2 capfuls of Sol-U-Mel with water in a 16oz. spray bottle. Lightly spray carpet with diluted Sol-U-Mel, let sit for 5 minutes and vacuum as usual.

## **IN THE LAUNDRY ROOM**

### **Whiter than White Laundry Recipe:**

1/4 Cup Sol-U-Mel, 1/2 Cup MelaMagic, 1/2 Cup MelaBrite, 2/3 Cup DiamondBrite (yes the dishwasher product!) Mixture makes 16 oz. Place in a 16 oz. Sol-U-Mel bottle. Add 1 1/2 oz for a whiter than white load (10 Uses)

**Bleach alternative** – 16 oz of PreSpot, 1/4 Cup Tub & Tile, 1/4 Cup MelaMagic, 3/4 Cup DiamondBrite, 4 oz Sol-U-Mel in empty 32 oz bottle. Add water to fill, then Shake well and use cup per load

**Laundry Booster** – Add one capful of Sol-U-Mel and add 2-4 caps of MelaMagic to average wash load to deodorize and disinfect.

**Whiten and Deodorize a load of laundry** – add either MelaBrite or one capful of Sol-U-Mel to MelaPower. Sol-U-Mel added to MelaPower will also deodorize clothing. For extra germ protection or for mildew clothes add one capful of Sol-U-Mel to your wash.

One day, opened a load of clothes in the dryer and there was melted crayon all over the clothes. The entire dryer tub was stained with crayon. Applied diluted Sol-U-Mel to each clothing stain, allowing it to soak in then washed it all with MelaPower. While the clothes washed I cleaned out the dryer with Sol-U-Mel. Not only did all traces of the crayon leave the clothing, but the dryer looked brand new again!

**Oil Based Stains** – Use Sol-U-Mel full strength on fabrics. Great to lift paint stains too!

**Degreaser** – Mix a solution of 2 tablespoons of MelaPower and 1 capful of Sol-U-Mel with 2 gallons of warm water. Put clothing in this solution and let soak for a few hours. If the grease spots are not dissolved, apply a squirt of Antibacterial Liquid Soap. Rub in and let stand for a few minutes before rinsing with warm water. You can also add MelaMagic directly to the wash water in the machine.

**Spot Remover**- Apply Sol-U-Mel full strength to spot. Rub then rinse. Wash as normal.

**Ink Stains** – A friend asked if we had anything that would get pen ink out of clothing. Without missing a beat I said, Sol-U-Mel. Grabbed my bottle, sprayed the shimmer shirt that had pen marks all over it. A pen in a shirt pocket had gone through the washer and drier leaving ink all over the clothes and skirt. I started dabbing with Sol-U-Mel with a wash cloth and it was coming out like a breeze. One thing, make sure you have a cloth behind where you are working so the ink doesn't bleed through as the Sol-U-Mel dissolves it.

**Diaper Pail**- Combine 1 oz. of Sol-U-Mel, 1/2 oz of MelaPower, 1/2 oz MelaBrite. Add sufficient water to cover soiled diapers to soak overnight, and then wash with MelaPower and 1 oz. Sol-U-Mel in washing machine (PreSpot stained areas). They will come out whiter,

brighter and exceptionally fresh smelling with this method. \*For those parents who use disposable diapers, spray diluted Sol-U-Mel mixture in garbage pail to deodorize and disinfect.

**Toys – Washables (stuffed animals, dolls, blankets etc.)** in machine with 1/8 cup of MelaPower and 1 capful of Sol-U-Mel. For all plastic toys etc., wash in a sink full of hot water mixed with 1 capful of Tough & Tender and Sol-U-Mel to clean and disinfect.

### **ODORS**

*Sol-U-Mel is wonderful at getting odor out of practically anything -even plastic. Mix Sol-U-Mel with water and use it to neutralize odors around the home. Pet odors, mildew, or deep smoke smells will be replaced by a crisp citrus fragrance.*

**Cars/Trucks** - My husband bought a used truck. The previous owners smoked. I can't tolerate cigarette smoke. Each time I got into his truck I would get a terrible headache. It smelled of stale cigarette smoke. I sprayed Sol-U-Mel on the interior of the truck. Once it dried we smelled no trace of cigarette smoke in his truck!

**Room spray** Use it as a whenever there's a smoky smell or a foul odor.

**Refrigerator** – Spray a bit of it in the refrigerator now and then to keep it smelling fresh.

**Coolers** -It will remove even the worst old food smells from food coolers too.

**Burn Odors** – Burned food odor is quickly eliminated by spraying diluted Sol-U-Mel in the room area.

**Second-hand cigarette smoke** a problem? Spray Sol-U-Mel to deodorize a smoke filled room and directly on clothes to remove cigarette odors.

### **PERSONAL CARE**

**Bathing** – 1 capful of Sol-U-Mel in bath water as in initial therapy for dry skin, rashes, dermatitis, diaper rash etc. Helps soothe and soften the skin.

**Hot Tubs** - No Melaleuca products, including T36-C5, Renew Bath Oil or Sol-U-Mel should be used in an operating tub or permanent Jacuzzi tub. *Melaleuca alternifolia* oil is not compatible with the filtration system in these sophisticated environments. You can use Sol-U-Mel, Tub & Tile etc. in cleaning the walls of a dry tub, but not when the system is filled.

**Vaporizer/Humidifier** – Add 1 tablespoon of Sol-U-Mel to water in a vaporizer (or use a bowl of boiling water). Make a tent by draping a large towel over the head and breathe directly over the vapors for 10 minutes, twice daily. Sleep in a room with a vaporizer running all night. This also helps to clean and purify the air. A cold mist humidifier can also be used. This remedy is also effective for bronchitis and asthma.

**Insect Relief**- Mixture of a few drops of T36-C5 and 1 capful of Sol-U-Mel diluted with water in a trigger sprayer. Spray onto clothes, skin and outdoor areas as a safe and effective repellent. Another recipe: 1 teaspoon of Tough & Tender with a capful of Sol-U-Mel and 1 capful of Renew Spa & Bath Oil diluted with water in a trigger sprayer.

**Skin Rashes or Infections** – Bathe with one ounce Sol-U-Mel added to bathwater; drink three to four cups GDay Melaleuca Tea (hot or iced) a day.

**Warts** - Apply T36-C5 to the wart morning and night. Soak in solution of one to two capfuls of Sol-U-Mel in one cup warm water for 20 minutes. Most types of warts respond to this treatment.

**Got a Sore or Hoarse Throat?** Drink plenty of hot GDay Melaleuca Tea and inhale vaporizer steam with 2 capsules Sol-U-Mel and 10 drops T36-C5 added.

**Cough or Chest congestion** same as above. Plus if you have a cold coming on you can put a few drops in your humidifier and voila, your cold symptoms will be gone by morning!

**Respiratory problems or flu** – Same thing with this treatment also gives relief when your nose and throat are affected by hay fever, dust or pollen.

**Allergies & Sinus problems** – Place Sol-U-Mel full strength to the sides and base of the nose 2 to 3 times in a row as you inhale deeply through the nose. Spray Sol-U-Mel onto a clean dry wash cloth and place it over the nose and mouth and Breathe in through it.

**Sinus congestion** – dab T36-C5 directly under each nostril. Breathe the enriched steam from a vaporizer or a bowl of very hot water morning and night, adding 10 drops of T36-C5 and 2 capsules Sol-U-Mel to the water. Form a tent over your head and the vaporizer, breathing in the aromatic vapors, keeping eyes closed. You can run the vaporizer with this solution all night.

**Dermatitis** – Along with changing the way you clean your home and wash clothes (switching to EcoSense products) you can soak daily in a warm bath with one ounce Sol-U-Mel and one ounce Renew Bath Oil added to the water.

**Hives** – Add three more ounces of each and bathe as above.

**Ringworm** - bathe in one ounce Sol-U-Mel with one ounce Renew Bath Oil in tub. Use the Gold Bar, Platinum Bar or the Liquid Soap on a washcloth and clean well.

**Clean a cut** with warm water and Sol-U-Mel. Wounds that are open or are healing are greatly helped by rinsing daily with one ounce Sol-U-Mel in a pint of water.

**Bedsore**- Combine equal parts Sol-U-Mel and Renew Bath Oil put some on a warm, dampened cloth and hold in place for several minutes. Repeat. Dry area and apply T36-C5 and Renew Skin Lotion.

**Earwax**- To clean excess or impacted wax from the ear canal, apply one drop of T36-C5 and one drop of Sol-U-Mel to a small piece of cotton, which has been pulled and twisted to a point. Insert the soaked point in the ear overnight. The next morning, remove the cotton and fill a rubber baby syringe with one teaspoon of Sol-U-Mel in 8 oz. water heated to body temperature. Hold the syringe toward the side of the canal just inside the ear opening, leaving a space for the water to swish back out. Squeeze a firm stream of water into the ear canal several times to melt and dislodge the wax.

**Headlice** - Our daughter recently had a case of head lice and decided to see what Melaleuca products could do. We were out of oil and decided to try what we had. We sprayed her head with Sol-U-Mel and then shampooed in the shampoo. Let it sit for about 10 minutes and rinsed. The gross little buggers were floating in the tub. We then took a nit comb through her hair and the eggs came out easily. This was such a relief to use something that wasn't burning my child's scalp. AND IT WORKED! Thank you, Melaleuca.

**Head Lice** – My daughter and I both had head lice and instead of going out and buying the treatment I followed instructions (above). I am here to tell you IT WORKS! I cleaned my hair and put it in a shower cap and let it dry so I could work on my daughter. When I took it off I did so with my head down in case any crumbers were in there, there were two to be exact, and they were stone cold dead. I was amazed. I found only one left in my hair and it was dead too. My daughter came out clean as well. I am so glad to have found Melaleuca I don't know what I'd do without it.

**Shingles** – (painful skin blisters) can be helped by adding two ounces Renew Bath Oil and two ounces Sol-U-Mel to your bath.

**Soothe asthma conditions** and get relief by adding 10 drops T36-5 and 2 capfuls Sol-U-Mel to water in a humidifier or vaporizer.

For **bunions**, soak the foot in one ounce Sol-U-Mel and two tablespoons of Epsom salts in a quart of hot water.

**Ingrown toenails** you'll want to first soak the foot in hot water with one ounce Sol-U-Mel added. Then apply the T36-C5 and Mela-Gel.

**Allergic reaction** I have a friend who had an allergy to her new insulin. She soaked in a hot bath with Sol-U-Mel and then Renew Bath Oil and the next day it was almost gone. It stopped the itching right away.

Put it into bath water when you start feeling a **cold** coming on.

**Itchy body, jock itch, groin**, etc: Bathe with one ounce Sol-U-Mel and 1 oz Renew Bath Oil

### **HEALTHY ANIMALS & PETS**

**Fleas** - For general protection, wash all bedding in washing machine with 2 capfuls of Sol-U-Mel and 1/8 cup MelaPower. Add 2 oz. of Sol-U-Mel to 16 oz. of water in trigger sprayer and apply to areas where dog or cat rests to repel fleas and deodorize. Add a capful of Sol-U-Mel to bath water as well. Soluguard Botanical works well too because the herb Thyme which is a main ingredient kills fleas.

**Fly Repellent (Livestock)** - Mix 2 oz. of Sol-U-Mel with 16 oz. of water. Spray directly on the animal. As mentioned above, works effectively on fleas as well.

**Hamsters, Gerbils, Guinea Pigs** - To control odor in or around a small animal's cage or to prevent communicable diseases, dab T36-C5 or spray a 1:20 diluted solution of Sol-U-Mel to the area 2 or 3 times each week.

**Parakeets, Canaries or Tropical Birds** - To prevent diseases among birds, use a 1:100 dilution of Sol-U-Mel sprayed once per week to the absorbent fodder material on the bottom of the cage. Spray each time the fodder is changed. WARNING! Some exotic birds are sensitive to the aromatic oils in T36-C5.

**Rabbits** – To clean their cage, mix 2 oz. of Sol-U-Mel with 16 oz. of water. Spray on cage and on the bottom tray to clean and deodorize. Scrub clean with brush. Rinse with water.

Hope you find this useful!

**Fleas & Ticks – Sol-U-Mel for de-fleaing and de-ticking animals.** It works great! I used it first on a cat that had a flea infestation like I've never seen before or since. I've never found anything that kills fleas immediately like that does. I make a dip and a spray out of it and use it frequently on my cats and my dogs.

**Shiny Coats and more** – For a beautiful, shiny coat for your dogs, cats, horses, and other animals, add one tablespoon Sol-U-Mel to their bath water. (It also kills any fleas and ticks so your pet stays bug free.) Spray directly on your dog to remove that doggy odor and spray it in your pet's bedding to keep out ticks and fleas out and to deodorize.

**Flea Shampoo** - I own some dogs that get fleas all the time. I filled my tub with some water and put some Sol-U-Mel in it. Then I washed my dogs with an antibacterial soap. The fleas jumped off but died instantly in the water! Others I was able to pull off of the

dogs...the fleas were sluggish or maybe dying and as soon as I put them in the water, they didn't move! When I keep up with spraying my dogs frequently, this is a problem I have not seen again.

**Carpets** – I also saturate my carpets in Sol-U-Mel spray (I bought a weed type sprayer so it takes less time to spray inside the house) and have no fleas anywhere at all!

**Wound Care** – We live in the mountains and our dogs often come home a little beat up from tangles with bears and wild hogs. I always used a wound care salve from a local store with okay results. I did some reading and research and decided to try the Sol-U-Mel diluted on one of their cuts. It worked wonderfully and he healed up well. It also costs less than what I was using. I now keep a bottle of it outside to have readily available.

**Unpleasant Odors** – I wouldn't believe it if! Hadn't actually tried it. We have a little animal friend who takes a stroll across our backyard every evening. When I went out one summer night, I could smell him. I got my diluted Sol-U-Mel and sprayed four or five times outside around my back balcony. I was amazed when I got back home 30 minutes later. The smell was gone. Sol-U-Mel is truly a great product. If it can get rid of skunk smell, it can get rid of any unpleasant odors!

I spray Sol-U-Mel in my **cat box** and stir it around to keep the litter smelling fresh. I had a new neighbor visiting us and she didn't even know I had a cat, since there was no smell and the cat box actually sits out in the front part of my house.

I've had great success getting odor out of **the kitty litter boxes** (which used to be impossible) not to mention out of carpet, clothes – whatever! I am happy to now announce that my dog who'd gotten into it with a skunk in our yard smelled horrible. A bath with Sol-U-Mel took away the smell. I just can't get over how soft her fur is!

Sol-U-Mel is one of my favorite products. We own a rental property and some tenants had eight cats and a black lab puppy. Needless to say we had **cat urine** everywhere. After ripping up all the carpets and re-sanding the wood floors, the smell was still terrible and unbearable. Sol-U-Mel was the only product that killed the smell. Thank you, Melaleuca, for having this great product that has so many uses.

**Horses, Cattle, Goats Etc** – **Keep flies away by spraying animals with diluted Sol-U-Mel.**

I also have llamas and have used Sol-U-Mel on the females for chapping armpits. It took it all away.

## **BUGS**

*Spraying Sol-U-Mel in the yard is an excellent way to kill bugs, fleas, mosquitoes and ticks. When outdoors, spraying clothing with diluted Sol-U-Mel will help ward off insects. Whether hiking, camping, picnicking or just hanging out in your own backyard.*

**Summer Bugs, Flies and Mosquitoes** – ruining your outdoor get-togethers? Spray the air around your patio with diluted Sol-U-Mel (two tablespoons with 16 oz. water). A little Sol-U-Mel sprayed around your outside doors helps keep away mosquitoes where they love to congregate overnight as well.

**Insect Repellent** - Box Elder bugs are small, annoying, flat, mostly black bugs with some orange. They can fly and they multiply like crazy. In the summer the sides of our sheds and house have been covered with them. Everything we tried on them didn't work until Sol-U-Mel! Now those little devils don't stand a chance! One spray and its toes up! You can bet

come next spring my orders will include Sot-U-Mel each month, so I can get the offspring I didn't get this last summer!

**Insect Repellent** – Used diluted Sot-U-Mel (per spray bottle instructions) as an effective insect repellent on people, pets and in the wild. I take a bottle with me camping and it keeps the bugs and the ticks off. I spray the air around the eating area just before eating and we can eat in peace without sharing with the flies, gnats and no-see-ums.

**Insect Repellent** – Keep a mixture of diluted Sol-U-Mel with a few drops T36-C5 added to spray pesky ants from unwanted areas. (PreSpot also works well and is one of the best ant killers you will ever get your hands on.)

Live in an area with a lot of pine trees and bushes around? A time of the year when lot of webs flying around with the little **spider** lets all clustered up. They land on the patio furniture, the side of the house, planters, everywhere. Yuck. They look like a bunch of shiny pin heads. If you touch them, they scatter in all directions, and eventually reform the cluster. Of course, all these little buggers eventually turn into big ugly spiders, so I try to wipe them. I tried zapping them with other products, but they just scattered. Well.., diluted Sol-u-Mel does it! I hold a paper towel under the cluster, zap with Sol-U-Mel and grab the whole dead/stunned bunch in the towel. Horseflies, mosquitoes and bugs in general. Take Sol-U-Mel. Went out camping, next time be equipped with Sot-U-Mel.

### **Sol-U-Mel works on GUM:**

Pour full strength Sot-U-Mel on the gum area. Let sit a minute, and then rub to loosen the gum, and wash the item in MelaPower if possible.

**CHEWING GUM OR STICKY LABELS** - Sol-U-Mel works like a charm and takes off anything!

At a hockey game, I accidentally sat on some bubblegum and picked it up on my jacket and black vest. I had just received some Sot-U-Mel and I wondered if it would help. The gum just rolled right off the jacket with the Sot-U-Mel, but I wondered what it would do to my new vest. By rubbing with Sol-U-Mel and a dry cloth, the gum eventually dissolved. I now keep an extra bottle in case I run out. Miraculous!

One night at the movies, I set my **purse** on the floor. When I picked it up later, strands of chewing gum were attached to the bottom, all melted and disgusting. When I got home, I put some Sol-U-Mel on it. It will not hurt the surface and it took the gum off- my purse looks brand new!

My boyfriend had an experience with gum. He didn't realize that he had sat in some of it, got into the car and got it all over the **seats**. He decided he was going to use his store bought product (Resolve) and his little green cleaning machine, but guess what. The gum was still there. None of it came off. I decided to experiment and try the Sot-U-Mel to see if it would do what Melaleuca says it will do. I took an old towel put a little Sol-U-Mel (undiluted) in the corner and lightly dabbed and wiped the gum, and amazingly it came right off.

**MOLD** – Dr. George Graham, a microbiologist in Knoxville, TN, has a business of getting rid of black mold and all kinds of mold. He uses Sol-U-Mel, and Sot-U-Mel with Tough & Tender.



His web site is: [www.themoldlab.com](http://www.themoldlab.com) He claims that chlorine does not kill mold. Sol-U-Mel does.

**Bathrooms** For mold and mildew on the walls and ceiling above the shower, I have found that Sot-U-Mel works great. It is effective in killing the mold and mildew and is not toxic to humans or pets. Since it's in concentrated form you don't pay for water and packaging.

Spray Sol-U-Mel in the air to kill the mold spores in the air. I use just 2 caps to 16 oz water. I save the 16 oz Sot-U-Mel bottles and put the sprayer from the foot spray on it, and it makes a nice mist. Just spray in the room. I know that it works because my husband doesn't sneeze as much.

**WALLPAPER** Diluted Sot-U-Mel, sprayed and soaked in, is the very best wallpaper remover! Using a scraper, lightly scrape the wallpaper and paste off the walls; it practically falls off the wall.

Removing wallpaper from walls is a cinch. I use diluted Sol-U-Mel, spray it on and let it soak in. Using a scraper, I lightly scrape the wallpaper and paste off the walls; it practically falls off the wall!

**EVERYTHING PLUS THE KITCHEN SINK** *Nothing measures up to the superior cleaning power of Sol-U-Mel, whether you use it diluted with water or full strength for tough jobs. Just one use and you'll throw out all of your other stain cleaners! Works on stainless, Marble and Granite too*

These are great tips for cleaning your sink: 1. Spray Sol-U-Mel on sink. Sprinkle with salt. Let sit and then rub with a no-scratch scrubber like Scotch Brite. 2. Mix 4 tablespoons Tub n Tile and one capful of Sot-U-Mel with 16 ounces water in spray bottle. Spray sink and wipe with damp rag. (For rust stains or mineral deposits, use Tub n Tile full strength. 3. Use one capful Sol-U-Mel with a little MelaBrite. Let sit, and wipe with rag or no-scratch scrubber.

**Kitchen counters and appliances** Add 3 ounces Sol-U-Mel to water in a spray bottle. Spray on counter and let sit a few minutes. Wipe clean with damp cloth. This also kills any germs that may be on the counter or appliance.

Get in the habit of pouring a little Sol-U-Mel down your **garbage disposal** to keep it clean, sanitized and fresh smelling.

Sot-U-Mel completely cleans your **furniture, both the upholstery as well as the wood**. Use it to clean the upholstery in your automobile and leave it smelling nature-fresh.

**Oven**- Forget about those horrible and dangerous fumes that you have to deal with when cleaning your oven, because you'll now be able to do this task with your Sol-U-Mel.

**Shower curtains** To clean shower curtains mix 2 ~/2 tablespoons of MelaMagic and 1 ~/2 capful of Sot-U-Mel with water in a 16 ounce spray bottle. Spray on curtain and let sit a few minutes, then wipe clean with a damp cloth. You can add it to Tough & Tender and really boost its disinfecting properties. You can add it to any of the EcoSense™ products to supercharge their cleaning properties too!

For greasy stains I use Sot-U-Mel. It's great for getting out **grease on clothes, carpets, off concrete, etc.**

Great recipe for **floors**: Mix two tablespoons MelaMagic and one capful Sot-U-Mel with 16 oz. water. You can keep this in a spray bottle or mix in a bucket. Spray or wipe on floor and mop up.

To clean **stainless steel dishes**, mix one tablespoon Sol-U-Mel with one tablespoon Tough & Tender and two tablespoons DiamondBrite Gel with a gallon of water. Scrub with a Scotch Brite type scrubber. It works great!

Spray it in **diaper pails and garbage cans** to freshen, deodorize and kill germs and bacteria. It's great to spray on the vacuum brushes of your vacuum cleaner, and can also be sprayed in the vacuum bag itself to keep it smelling fresh.

Clean and disinfect your telephone (handset) with diluted Sot-U-Mel. Just spray and wipe.

My refrigerator went kaput last weekend and we discovered that the condenser had been dripping oil underneath for, I assume, a long time. It had grown to a hard,  $\frac{1}{2}$  inch thick and 4 inches around spot. I took my diluted Sol-U-Mel and sprayed it and there was an instant dissolving of the top layer. I put my 10 year old to work on the spot with a roll of paper towels and the sprayer. By the time I came home with the new fridge, the spot was long gone.

My most recent success with Sol-U-Mel is taking a **melted bread bag** off my hot cooking sheet.

It is perfect for cleaning **ventilator hoods**; it degreases them beautifully. Try alone or with a little Mela Magic added. It *takes off wax from fabric, plastic or glass*.

After a fun evening with friends, I found that a couple of my **candles** had been knocked over. Wax had sprayed all over my beautiful glass coffee table. I scraped off the large drops of **wax**, and then poured Sot-U-Mel directly on the smeared wax, and the oily wax residue just wiped away!

I love Sot-U-Mel! I have it in the bathroom in a little fancy canning jar with a lid. I use it similarly to the Oil on a q-tip dipped in it and apply it to fungus on my toe nail; zits; earring infections and healing piercing (works especially well on cartilage); I LOVE IT. This one's great! I use it in a pumper- (a non-aerosol pump) mixing two teaspoons of Sot-U-Mel with water. The kids love that fresh smell and it kills the odors in the bathroom. Great for removing the odor when you burn something!

Spray it on your **pillows**. **Spray it on and under your mattress** to get rid of **dust mites**. Sol-U-Mel takes **scuff marks off linoleum**.

Sot-U-Mel **cleans & deodorizes** your entire bathroom.

**Permanent marker** comes off many surfaces such as floors, wood, tile, vinyl, leather, etc. with a little Sol-U-Mel.

Use Sol-U-Mel to spray on your **air conditioning filters** every time you change them or clean them- because it kills mold on contact. Then run the air conditioner or heater to get the Sot-U-Mel throughout their system, and to kill the mold and other harmful bacteria. Be sure to regularly spray it on all your air conditioning / heating vents too.

For **tough stains on wood furniture**, use 1 tablespoon Sol-U-Mel in a gallon of water. Rub with rag and towel dry. Protect the finish with Rustic Touch.

A product that people use all the time that is now known to contain cancer causing agents is LYSOL. People buy it to kill germs and it does, but it also creates carcinogens that we breathe in. Believe me; I no longer have LYSOL in my house. Dawn dish detergent is another poison. How scary is this. Things we have had in our homes for years, and now we find out that they can hurt us, really hurt us. Since I was introduced to Sot-U-Mel I've thrown out all of the other chemically-loaded cleaners in my home. Thanks to Melaleuca I now have an environmentally safe home.

**STICKY RESIDUE** Sol-U-Mel works easily to get rid of Band-Aid residue on skin.

Use it to take off that annoying sticky residue left from labels and price tags.

Ever use Superglue and have your fingers stick to each other? Use a little Sot-U-Mel between fingers to dissolve the glue from the skin.

**Permanent Marker** is not permanent with Sol-U-Mel

**CARPETS** Try it on tough carpet stains. It will even take out rust stains on carpet that professional carpet cleaner can't get out.

Deodorizing: Lightly spray **carpets** with diluted Sol-U-Mel before vacuuming. For sweepers that run with water; add one teaspoon to the water and it will refresh the air in your home while it cleans.

For **spot treating**: Mix 1 ~/z capfuls Sol-U-Mel with water in spray bottle. Spray on carpet and let sit 5 minutes. Clean with a scrub brush. Blot with damp cloth.

Got carpet? Got kids that love to play with clay **or Play dough?** Sot-U-Mel goes to work and neatly cleans it out of the carpet.

We used Sot-U-Mel to take out **some imbedded blue dye** on our ivory carpet, which had bled from the fur of a stuffed toy animal.

According to the Melaleuca Wellness Guide this is a great **carpet cleaner-machine mix**:

1/2 C MelaPower, C MelaMagic, 2 caps Sol-U-Mel, in 3 gallons of water.

There are a couple of alternative mixes as well, using combinations of Tough & Tender and Pre-Spot Plus along with the ingredients above.

I had been working on patching a freeway, and we were using thick, **tar-like oil**. I came home from work, forgot to take off my boots, and tracked black tar through the house. Mom tried several cleaning products.

They didn't phase the tar and it sat on the carpet for a month. When we got some Sot-U-Mel, I asked her to try it. She poured a capful on each spot to sit for a few minutes and then put some on an old towel to rub with. It removed all the tar. I was out of trouble and no damage to the carpet.

We used Sot-U-Mel on an old dark brown stain that'd been on our carpet for nearly two years. Sol-U-Mel took it right out. We also had some **dark pink nail polish** spill on our carpet two years ago. We used nail polish remover at that time and it didn't help. When we got the Sot-U-Mel we tried it and 95% or more of the polish stain came out – and that was after two years!

One morning, I heard my daughter crying upstairs. I found that she had broken an entire bottle of **nail polish** on our light-colored carpet. I quickly got some rags and the Sot-U-Mel, but I was skeptical about being able to clean up the mess. Much to my surprise, all of the nail polish came out the carpet!

Removes **mildew odor** in carpets

**TRAVEL** Take Sol-U-Mel with you on trips. Spray it in your hotel room and on the air intake or fan areas, pillow and sheets and bed spreads. You'll love how it freshens and deodorizes (kills germs too)!

CARS Sol-U-Mel will help with tar on cars. Soak a cloth with Sot-U-Mel and wipe affected tar. This should dissolve the tar right away.

You can also try adding a capful Sot-U-Mel with some Prespot to remove **bugs and tars from** automobiles. Remove **old bumper stickers** by applying full strength Sot-U-Mel and let it soak for a few minutes. Repeat if necessary.

Several months ago, my wife noticed some whitish spots on the hood of her green van. Further inspection revealed that they were actually small spots of concrete. She tried several products to remove it with no results. She then tried Sot-U-Mel. Much to her joy, the spots of concrete all came off of the car. Sot-U-Mel is truly an excellent product.

### **MISCELLANEOUS USES**

Sol-U-Mel works great as a paintbrush cleaner. We've tried it on latex paint (oil based paint would probably work fine too) and cleanup is a snap. Add a small amount to container of water, thoroughly swish paintbrush in this, rinse and dry. Bristles will be soft, clean and conditioned.

To repair scratches in a compact disk (CD), use a drop or two of Melaleuca oil and buff the disk with a soft, lint-free cloth. The oil fills in the scratches. It's saved two CDs that I know of from the trash bin. We recently tried this on a DVD and it worked like a charm. Just dipped a Q-tip in T36-C5 Melaleuca oil and swabbed it on. Results were immediate.

My neighbor had Christmas tree sap in several places in her carpet for months. It was beige pile carpet and the sap had picked up dirt and was hard and dark. I put some Sot-U-Mel on my fingertip and rubbed it into the spots. I did this repeatedly until the spots dissolved. Then I used Tough & Tender to clean up the residue. When I was done, the carpet looked and felt brand new.

**Tree Sap** During the Christmas holiday one year, we had a beautiful 12-foot tree. After picking up my son from school one day, we found our tree lying on the floor. When we cleared the mess, the sap from the tree was all over our hardwood floors. What a mess! I went through three types of cleaners until I realized I had Sol-U-Mel on my shelf. With a damp cloth and a little elbow grease, the full-strength Sot-U-Mel took every bit of sap off and left no residue.

Speaking of tree sap did you know Sot-U-Mel will remove tree sap from saw blades?

A couple of drops of Sot-U-Mel in the water of our **indoor water fountain** keeps the water clean and also permeates and purifies the surrounding air.

**Soot:** Spray diluted Sot-U-Mel on soot and marks and wipe off w/clean, wet rag. Cleans up and disinfects flood damaged areas.

## **PLANTS**

We have a beautiful indoor plant called a Hoya that sits on a big oak bookcase. This summer it became a haven for miniscule aphids. We found sticky aphid drippings on the bookcase and on the books. A little Sot-U-Mel on a rag effectively removed the dried, sticky gunk, and we sprayed the plant itself with a dilution of it too. No more aphids and no more go.

I found another solution for **crown rot**. I bought a Fair Maiden Fern at a garden center. I had been looking for it so took a risk, and paid \$8 for a small plant with browning on some leaves. I thought it was just from neglect by the nursery. When I planted it, I cut off the brown leaves, and it continued to do badly, with the brown returning and spreading. I am a Melaleuca customer and I use Sot-U-Mel all over my home for any kind of bacteria, virus, fungus, mold, etc. I dug up the plant and sprayed some of it, diluted, onto the roots and replanted it in a clean pot. (I don't use bleach so that option was out.) All of the new growth is very healthy, and a bonus- since I cut off so many leaves it sent up new shoots.

You can clean and disinfect kitchen tools with it. You can **clean and disinfect garden tools** with it... Get rid of **gnats** on your plant. Spray Sol-U-Mel™ (diluted) right on the plant. Get rid of **fungus** on plants too.

I have a beautiful philodendron which developed a **fungal disease**. I sprayed it liberally with Sot-U-Mel, especially toward the center. After about two weeks, healthy new growth appeared and now the plant is bouncing back better than ever!

**Control aphids and bugs** on plants by spraying diluted Sot-U-Mel (5parts water to one part Sot-U-Mel) directly on affected stems, leaves, buds, etc.)

## **ACCIDENTS**

*Sol-U-Mel cleans up **cosmetic spots** like makeup, lipstick and hair coloring.*

We used Sot-U-Mel on nail polish that'd spilled on our antique cherry wood furniture. It took it right out and did not mar the finish in any way

My 2-year old daughter found a **permanent marker** and colored all over our new computer monitor, keyboard, mouse, and mouse pad. I tried a number of cleaning products, but the marker still showed through. Then I put a few drops of Sol-U-Mel on a cloth and gently rubbed it on. The marker came off everything with no effort at all! Sot-U-Mel works better than anything else!

We had just laid new carpet at our church. Some of the men repainted a wall, stepped in **wet paint**, and walked down fifty feet of hallway on the brand new carpet, leaving a trail of shoe prints. When we discovered it, I said not to worry! and went home for the Sol-U-Mel. Everyone was amazed as I scrubbed out spots after spot. Every bit of paint was

removed, no color was damaged, and we saved several thousand dollars worth of carpet with a half bottle of Sot-U-Mel.

One Easter morning, I was getting ready for church services when my **lipstick** broke off and fell on the front of my off-white silk blouse. It left a plum-colored stain that brought me to tears. Changing to another blouse was out of the question, since I had already tried five other blouses before deciding this one was perfect for my outfit. Upon careful application of Sot-U-Mel, the stain was gone. A little rinsing, gentle drying with a blow dryer and an iron, and the blouse was again in wearable condition. Sol-U-Mel, for saves the day!

I painted the baby's room when I was about seven months pregnant. I stepped off the ladder and my foot went splat into the **paint**. It spilled everywhere and seeped through the plastic drape into the carpet. After trying the other products, I was resigned to having a little color on the carpet. Then I turned to Sot-U-Mel. I really didn't think it would work, but sure enough, it did. And so fast, it was no work at all.

We bought our house two years ago. My little one decided to take **crayon** and mark up my kitchen wall. I thought; let's try Sot-U-Mel on this. I rubbed Sot-U-Mel on and off it came. I have tried everything under the sun to get it off. But with Sot-U-Mel it came right off.

I used it to **remove ink marks my two year made on a leather sofa** and it worked great! I think if you have children having Sot-U-Mel is a must. I also use it to disinfect my cutting boards after I wash them.

My daughter **wrote all over her face with an ink pen**, my wife put straight Sot-U-Mel and it cleaned it up quick and without pain or damage to the face. Actually it helped her face because it was red from marking on it so hard. The funny thing was that my wife was trying to make a point to my daughter on how long she will have to have marks on her face, teach her a lesson not to mark her face. I hope that did not backfire.

I have two very active boys (ages 1 & 3) and Sol-U-Mel has cleaned more than its share of messes. I use it on my carpet & sofa, to clean up **ink** when I'm changing my printer cartridges and as an air freshener/deodorizer (no more Febreze). I also had to use it last month on one of my husband's shirts that had **grease** on it. I waited too late to re-order PreSpot so I tried out the Sol-U-Mel and it worked great. I've ordered it every month since I enrolled.

My granddaughter poured **chocolate syrup** on our stairs leaving a trail to boy's bedroom. I took Tough & Tender, mixed it with a capful of Sol-U-Mel, and sprayed it on the syrup. I scrubbed with a rag and it all came out without a stain or mark!

I was sitting on the floor on our off-white carpet filling my inkjet printer cartridges with a syringe, when I had accidentally splattered **magenta ink all over the carpet**. I panicked because this was right in the middle of the living room floor! I quickly grabbed my bottle of Sol-U-Mel and sprayed it on the carpet. The color disappeared almost immediately. All I had to do was pat the spots to get the color out.

My first experience with Sot-U-Mel was with red lipstick. A two year old had somehow walked a tube of **red lipstick through four rooms of brand new carpet**, and I received a frantic call two days before Christmas. I took one look at the carpet and figured that with all of the solvent needed to remove the lipstick, I would be sick for a week. I tried one spot with the solvent and it would not budge. I then took out the Sol-U-Mel and removed the lipstick with very little rubbing. Sot-U-Mel has a nice tea tree oil smell and the house smelled of the tea tree oil by the time I was done. I did not become ill and it was a pleasure

to know that I had not introduced a solvent into my bloodstream and my lungs. I have been able to remove spots with Sot-U-Mel that had previously not responded to harsh chemicals. *We all experience accidents like these. Why spend more than you need to on professional cleaners or retail brands when you can use Sol- U-Mel, the most effective cleaner on the market? Highly concentrate... Costs less... makes four 24 oz bottles.*